

“The Real Majority” Vow of Purity Class

Purity...pregnancy is NOT the only piece of the puzzle.™

Course Overview

Our youth are exposed to far more today than youth of previous generations. As a result, the temptations that they are faced with are occurring at an earlier age, especially in the area of purity and abstinence. God has provided an answer and an example to fighting these temptations. The answer is found in Psalm 119:9 which states “How can a young person stay pure? By obeying Your Word and following its rules (NLT)”. The example (or at least one of many examples) of how to fight temptations is found in Matthew 4, when Jesus was tempted by the devil. In His responses to the devil, He stated, “It is written.....”. In other words, He was able to stand, because He knew and applied the Word of God.

Course Description

This class will use the Word of God as well as other resources to equip the youth to live a life of purity.

Recommended Materials

The Holy Bible (preferably the New Living Translation)

Every Young Woman’s Battle by Shannon Ethridge & Stephen Arterburn (for young ladies)

Every Young Man’s Battle by Stephen Arterburn (for young men)

I Kissed Dating Goodbye by Joshua Harris

Preparing Your Daughter for Every Woman’s Battle by Shannon Ethridge & Stephen Arterburn (for parents of young ladies)

Preparing Your Son for Every Man’s Battle by Stephen Arterburn (for parents of young men)

Suggested Audience

The suggested audience for this class is 6th through 12th graders.

Length of Course

Youth: Two-hour class each week for 8 weeks

Parents: Two, 1 hour classes during the 8 week period

Course Requirements

Class participation is expected from everyone. Due to the sensitive subject matter, all students will be required to sign a confidentiality agreement.

About the Instructor

Kysha Owens is a certified abstinence educator. She has taught abstinence in the secular and Christian environments and her students have ranged from 4th through 12th graders. She has worked with organizations such as Cool Girls, Inc., Metro Atlanta Youth for Christ, Atlanta Youth Academy, and New Birth Missionary Baptist Church. She is trained on the nationally recognized curriculums “Choose the Best” and “W.A.I.T. Training”.

Mrs. Owens is also the author of the illustrated, children’s devotional What Creatures Teach Us. For more information on Mrs. Owens, please visit her website, www.focusontheyouth.com.

The Real Majority

Purity Curriculum Overview

- Week 1. Overview of Purity/Purity As A Lifestyle*
Class Overview/Expectations/What They Desire to Get Out of the Class
Purity as a Lifestyle/Definition of Purity & Abstinence
- Week 2. Understanding the Root of the Problem – The Spirit*
God's Purpose for Sex
The Importance of a Relationship with God in Maintaining a Pure Lifestyle
How to Use the Word of God to Maintain a Pure Lifestyle
- Week 3. Understanding the Root of the Problem – The Mind*
What We Think About Ourselves/Self-Esteem
- Understanding the Root of the Problem – The Heart*
Understanding our Needs/God Will Supply Those Needs
- Week 4. Understanding the Root of the Problem – The Body I*
Sexually Transmitted Diseases
- Week 5. Understanding the Root of the Problem – The Body II*
Nose, Mouth, Hands
Eyes - What You Wear
Eyes – What You Watch: TV/Internet/Magazines/Books
Ears – What You Listen To
- Week 6. Relationships I*
God's Purpose/Desire for Relationships
True Intimacy & Love
Pitfalls of Dating
- Week 7. Relationships II*
Boundaries in Dating
Fighting Temptation Techniques
- Week 8. God's Purpose for Singleness/Biblical View of Marriage*
When You Know You Are Ready
What to Look for In a Mate